



Palliative Care

A.Shahrokhi, MSC.

Qazvin Nursing & Midwifery School

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*Treatment that
enhances comfort
and
improves the Quality of Life
of an individual's life during
the last phase of life.*

Tabloski, 2014

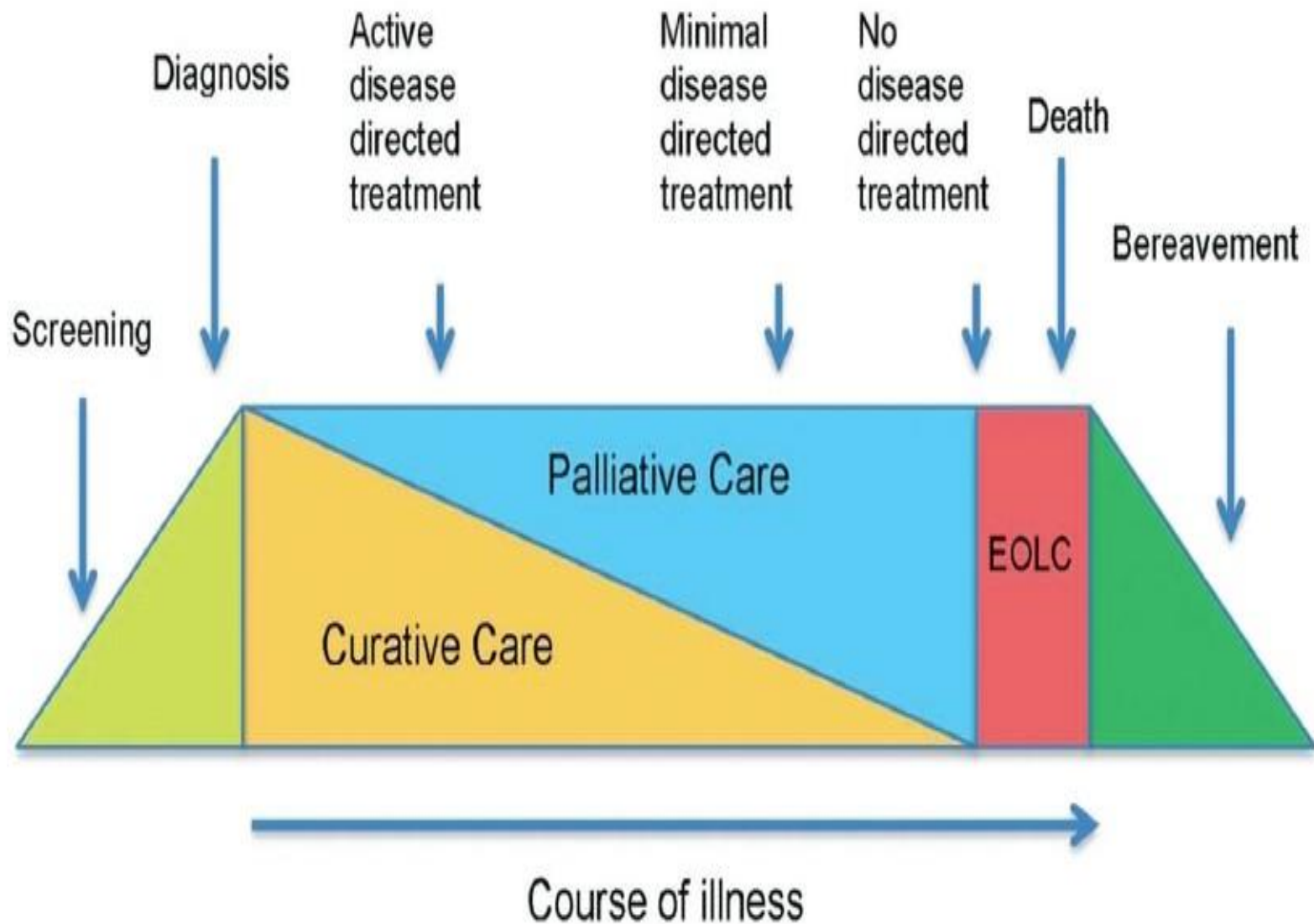
Palliative Care

Relieves suffering. Improves quality of life



*Palliative Care aims to help
support older adults
who have
A life threatening illness
but whose life expectancy is
more than 6 months
but
typically less than 5 years.*

Bonham Howe, 2015



Palliative Care is achieved through:

❖ Prevention and relief from suffering

**** Early identification***

**** Impeccable assessment***

**** Treatment of pain***

❖ Recognition and treatment of :

**** physical,***

**** psychological,***

**** spiritual problems***



(Surgery, Chemotherapy, Radiotherapy,...)

Ethics

Comfort

Palliative Care Incorporates

Disease prevention
Symptom control
Life extension efforts

Reflecting the unique needs of
the individual

Quality of Life

Palliative Care

Care of the body, mind & spirit: Focusing on, social, emotional, cultural, spiritual & intellectual or knowledge aspects of care supported by an interdisciplinary team and training

Holistic Approach

Patient-centred care incorporating respect for patients' values and preferences, provides information in clear and understandable terms, promotes autonomy in decision-making and attends to the need for physical comfort and emotional support.

Quality of Life

Patients referred to DPH have an expectation of dying, therefore care of the families is included in the care i.e. Care of the infected and affected by the team while the patient is alive and into the bereavement period

Patients & families

Life-threatening & life-limiting illness

Life-threatening illness is an illness which could cause a patient to die (cancer, AIDS, old age, MND, terminal diabetes or heart disease) and life-limiting includes conditions which may compromise quality of life (spastic children, metabolic disorders, severe CVA)

Identification, impeccable assessment & treatment of symptoms

Identification: knowledge & recognition of symptoms.; **Impeccable Assessment:** knowledge based professional evaluation; **Treatment:** Medication management, specialist referral, holistic intervention by **Palliative Trained Team**

(IDT)
Interdisciplinary Team

